

THE PREMARRIAGE AWARENESS INVENTORY
FORM F

1. I am expecting changes in my level of independence as a result of our marriage.
 - a. agree
 - b. disagree
2. I honestly think communication is one area we
 - a. are very good at
 - b. are okay with
 - c. should work harder on
 - d. have some problems with
3. My fiancé(e) readily shares his/her feelings with me.
 - a. agree
 - b. disagree
4. When meeting new people my partner is
 - a. outgoing
 - b. sociable
 - c. shy
5. Conflict is not a good thing in marriage.
 - a. agree
 - b. disagree
6. When it comes to future in-laws, I
 - a. worry about the impression I will make
 - b. feel right at home
 - c. am unsure whether they accept my presence
 - d. some combination of a, b, and c, but that's okay
7. We have made an attempt to make a budget for us to follow.
 - a. yes
 - b. no
8. Sex is one topic we don't talk about much.
 - a. agree
 - b. disagree
9. My future spouse takes care of his/her body through exercise, nutrition, and rest.
 - a. most of the time
 - b. some of the time
 - c. could improve
 - d. I am concerned about certain aspects of my fiancé(e)'s physical health
10. My faith is of great importance to me.
 - a. agree
 - b. disagree
11. Our decision to marry has been something of a struggle.
 - a. agree
 - b. disagree
12. There are times when it is difficult to get my fiancé(e)'s attention.
 - a. agree
 - b. disagree
13. When it comes to sharing feelings I think we
 - a. do a really good job
 - b. share adequately
 - c. are kind of hesitant to share
 - d. need to share more
 - e. have real difficulty sharing
14. In general, I think other people find my partner to be
 - a. easy to get to know
 - b. fun to be around
 - c. difficult to get close to
 - d. reserved and quiet
 - e. somewhat difficult to get along with
15. When we disagree, my first reaction is to
 - a. argue verbally
 - b. use the "silent treatment"
 - c. give in

16. I think my extended family in general and/or certain members of my extended family
- will avoid involvement in our affairs
 - want to know what's going on with us in all circumstances
 - may have a tendency to offer us too much advice or be meddlesome
17. We have looked into getting health and life insurance together, and/or have discussed updating beneficiaries and coverages on current policies to reflect our wishes.
- yes
 - no
18. As I consider the physical, sexual aspects of our relationship I feel
- concerned
 - positive
 - uncertain
 - nothing special one way or another
19. My future spouse is more of the
- stay-at-home type
 - always-on-the-go type
20. Shared spirituality plays an important part in our relationship.
- agree
 - disagree
 - I think spiritual intimacy is an untapped resource for us
21. My fiance(e) has been
- more anxious than me to marry
 - less anxious than me to marry
 - we have been about equally motivated to marry
22. How much time do you spend together just talking?
- a lot
 - a moderate amount
 - less than I would like
 - very little
23. As I experience my fiance(e)'s family of origin, they
- seem ready and willing to share feelings
 - are open to sharing feelings, but it doesn't happen often
 - would rather not talk about feelings
 - tend to remain very superficial in conversations
24. Differences in our relating styles or our comfort level with other people sometimes put a strain on our social life.
- agree
 - disagree
25. When we disagree about something
- one of us usually "wins"
 - both of us end up giving a little to reach an agreement
 - neither of us budes and so some issues don't get resolved
 - sometimes a, sometimes b, and sometimes c depending on the issue
26. It is alright to receive financial support from parents and/or relatives.
- yes
 - no
27. My fiance(e) and I have made wills, or have updated our wills to reflect our wishes as we enter this marriage.
- yes
 - no
28. I sometimes wonder if my partner will remain satisfied with me sexually.
- agree
 - disagree
29. I would like to live
- in a large city
 - in a small town
 - in a suburb
 - in the country

30. I am concerned about how we will integrate our different religious backgrounds in marriage.
- agree
 - disagree
31. If I had to change one thing about my future spouse's physical appearance it would be his/her
- hair style
 - height
 - weight
 - style of dress
 - other _____
 - nothing
32. We set aside time that has no other purpose than to catch up on what's happening and how we are feeling.
- yes
 - no
 - we share that information in the process of doing other things
33. When I am feeling angry my fiance(e)
- tries to convince me I shouldn't be angry
 - tries to help me get over being angry
 - just listens
 - stays away
 - other _____
34. I am
- strong-willed
 - flexible
35. A tactic I use when we argue is
- mentioning a previous relationship
 - bringing up past mistakes
 - not saying anything
 - sarcasm
 - raising my voice/intimidation
 - crying/pity
 - other
 - I never use unfair tactics in conflict
36. My partner's parents are enthused about our coming marriage.
- agree
 - disagree
37. Our greatest monthly expense will be
- housing
 - food
 - car payment
 - credit cards
 - school loans
 - other _____
38. On the topic of sexuality, I think I am
- well informed
 - basically knowledgeable
 - in need of more information
39. After we are married we will live
- in a house
 - in an apartment
 - in a townhome
 - with relatives
 - I'm not sure
 - other _____
40. We pray together.
- agree
 - disagree
41. My future spouse has
- no habits or idiosyncrasies that annoy me
 - one habit that annoys me
 - two or three habits that kind of bother me
42. If my fiance(e) has a difficult decision to make he/she
- consults me always
 - consults me occasionally
 - consults me less often than I would prefer
 - works it through on his/her own
43. It is difficult to share my feelings with my partner when I am disappointed in him/her.
- agree
 - disagree
44. My fiance(e) is
- strong-willed
 - flexible

45. A tactic my future spouse uses in arguments is
- mentioning a previous relationship
 - bringing up past mistakes
 - not saying anything
 - sarcasm
 - raising his/her voice/intimidation
 - crying/pity
 - other_____
 - he/she never uses unfair tactics in conflict
46. My parents are enthused about our coming marriage.
- agree
 - disagree
47. Our monthly housing cost including utilities will be
- less than \$500
 - \$500 - \$750
 - \$750 - \$1,000
 - \$1,000 - \$1,500
 - more than \$1,500
48. I wonder how my sexual history will affect the future of our relationship.
- yes
 - no
 - would rather not respond
49. We enjoy
- most of the same social and recreational activities
 - some of the same social and recreational activities
 - few of the same social and recreational activities
50. I go to church
- regularly
 - on special days
 - occasionally
 - rarely
51. I am aware of some significant shortcomings in my future spouse.
- yes
 - no
52. My future spouse is
- a better listener than talker
 - a better talker than listener
53. When my partner is upset, he/she
- gets crabby
 - gets depressed
 - tries not to show it
 - gets violent
 - other_____
54. My partner is usually open to hearing others' opinions and/or changing his/her mind on an issue through discussion.
- agree
 - disagree
55. I can think of a time when my future spouse has been supportive as I have struggled with a problem involving someone or some issue outside of our relationship.
- agree
 - disagree
 - I usually work out such problems on my own
56. My parents influence our relationship
- a great deal
 - sometimes
 - not very often
 - rarely
57. I have some outstanding debts.
- agree
 - disagree
58. I have had a premarriage physical examination.
- yes
 - no
59. We tend to participate in the interests and activities of my fiance(e) more often than in mine.
- agree
 - disagree
60. We are involved in a church together.
- yes
 - no

61. My future spouse and I are the "perfect match."
 a. yes
 b. no
62. Who tends to control your conversations?
 a. I do
 b. my future spouse does
63. I have seen my fiancé(e) cry.
 a. agree
 b. disagree
64. My partner is
 a. open-minded
 b. very opinionated
 c. set in his/her ways
65. My fiancé(e) has sometimes offered information that has helped me resolve an issue about work or school I was struggling with.
 a. agree
 b. disagree
 c. I usually work through those issues on my own
66. It is good to seek advice from extended family members regarding child-raising questions.
 a. agree
 b. disagree
67. When we are married we will have
 a. no credit cards
 b. one credit card
 c. more than one credit card
68. We have discussed and agreed on a method for family planning.
 a. yes
 b. no
69. There are some social/recreational activities that my partner is involved in that I would rather not participate in with him/her.
 a. agree
 b. disagree
70. My fiancé(e) and I are from the same religious background.
 a. agree
 b. disagree
71. I am solving some problems by getting married.
 a. agree
 b. disagree
72. One thing we seldom discuss is
 a. religion
 b. sex
 c. money
 d. in-laws, extended family
 e. feelings
 f. previous relationships
 g. issues about children
 h. things we disagree about
 i. other_____
73. I have experienced or know of a time when my fiancé(e) has been afraid.
 a. yes
 b. no
74. In our relationship, I would characterize my fiancé(e) as
 a. aggressive
 b. passive
 c. assertive
75. My future spouse has confronted me on more than one occasion regarding something I had been ignoring or avoiding.
 a. agree
 b. disagree
76. It is sometimes helpful to discuss family issues with members of our extended families.
 a. okay to discuss with male's family
 b. okay to discuss with female's family
 c. we would be better off finding other resource people to help us
77. We agree about the use/non-use of credit, credit cards, and loans.
 a. agree
 b. disagree

78. I think we communicate our feelings and sensitivity to each other's needs in our physical relationship.
- all of the time
 - most of the time
 - not sure we give enough attention to the intimacy part of sex
79. I take part in some church activities in addition to regular services (i.e., choir, study groups, committees, etc.).
- agree
 - disagree
80. The areas where we disagree the most include (circle as many as you like)
- issues involving children
 - money
 - extended family
 - religion
 - other_____
 - none of the above
81. One thing I think we need to talk about more is
- religion
 - sex
 - money
 - in-laws, extended family
 - feelings
 - previous relationships
 - issues about children
 - things we disagree about
 - other_____
82. I know my fiance(e)'s dreams for the future concerning work/careers.
- yes
 - no
 - somewhat, but I would like to know more
83. In our relationship, I am
- aggressive
 - passive
 - assertive
84. My future spouse at times has suggested other resource people who might be able to help me with a problem I'm having (like a doctor, counselor, pastor, consultant, etc).
- agree
 - disagree
85. When will you start a family?
- we do not intend to have children
 - we already have, or are expecting a child
 - as soon as we are married
 - in a year or two
 - when we have both finished our education
 - I'm not sure
 - other_____
86. When it comes to spending, who is the most conservative?
- female
 - male
87. Sexual fidelity (faithfulness) in marriage is
- absolutely important
 - very important
 - important
 - optional
 - irrelevant
88. My future spouse sometimes lets me know I've done something he/she doesn't approve of.
- agree
 - disagree
89. I know my fiance(e)'s dreams and fears concerning our marriage/family life.
- yes
 - no
 - somewhat, but I would like to know more
90. My fiance(e) seems to have pretty much the same personality whether he/she is relating to me, or to people at work, or to friends.
- agree
 - disagree
 - not sure

91. We know where we would turn if we needed help resolving marriage/family problems.
- agree
 - disagree
 - we address our problems ourselves
92. How many children would you like to have?
- none
 - one
 - two
 - three
 - more than three
93. Who will be in charge of financial management?
- male
 - female
 - both
94. I have been hurt (emotionally) by my future spouse on occasion.
- yes
 - no
95. The emotion that I have seen expressed least often by my partner is
- discouragement
 - anger
 - sadness
 - fear
 - excitement
96. My fiancé(e)
- is easily discouraged
 - has a lot of "stick-to-it-tiveness"
97. We have spent a significant amount of time talking about parenting styles.
- agree
 - disagree
98. We will have
- a joint checking account
 - individual accounts
 - both joint and individual accounts
 - no checking account
99. We have specific ways of talking about and demonstrating forgiveness in our relationship.
- yes
 - no
100. The feeling that I have the most difficulty conveying to my fiancé(e) is
- discouragement
 - anger
 - sadness
 - fear
 - excitement
101. I
- am easily discouraged
 - have a lot of "stick-to-it-tiveness"
102. How many couples do you have as friends?
- none
 - one
 - two
 - three or more
103. I find it difficult to tell my future spouse when I feel hurt, offended, or upset by something he/she has done.
- yes
 - no
104. When it comes to decision-making as a couple
- I generally have the most influence
 - my partner generally has the most influence
105. I know
- most of my fiancé(e)'s friends
 - few of his/her friends
 - none of his/her friends
106. My partner uses alcohol and/or drugs
- more often than I would prefer
 - regularly/habitually
 - occasionally/socially
 - never

107. Who tends to have more control or power in your relationship?
- female
 - male
 - neither; it feels like we are mostly equal
108. I use alcohol and/or drugs
- more often than I would prefer
 - regularly/habitually
 - occasionally/socially
 - never
109. I notice things about how my partner relates to me that are similar to the way his/her parents relate to one another.
- yes
 - no
 - I don't know
110. I am concerned about the impact that alcohol or drugs will have on our marriage.
- agree
 - disagree
111. My future spouse intends to pursue a career.
- agree
 - disagree
112. I intend to pursue a career.
- agree
 - disagree
113. Who will be the wage earner in your family?
- female
 - male
 - both
114. After we are married we will go out on a "date"
- once a week or more
 - twice a month
 - once a month
 - less than once a month
115. After we are married we will spend an average of (not including sleep)
- two hours per day together
 - four hours per day together
 - six hours per day together
 - more than six hours per day together
116. My future spouse knows little about what I am like
- when I'm with other people
 - when I'm sick
 - when I'm really upset
 - when I'm really tired
 - when I get silly
 - when I'm with children
 - more than one of the above
117. When I consider marriage I am most concerned about
- becoming tied down
 - money
 - being a parent
 - finding a place to live
 - remaining happy
 - I'm not sure
 - other_____
118. When it comes to marriage I think my future spouse is most concerned about
- becoming tied down
 - money
 - being a parent
 - finding a place to live
 - remaining happy
 - I'm not sure
 - other_____

119. Put an "F" by those items that will be the primary responsibility of the female, an "M" for the male, and an "S" for those which will be equally shared.

- a. house cleaning _____
- b. yard work _____
- c. spiritual leadership _____
- d. parenting _____
- e. major decisions _____
- f. financial management _____
- g. household repairs _____
- h. grocery shopping _____
- i. driving _____
- j. pet care _____
- k. cooking _____
- l. laundry _____
- m. car maintenance _____
- n. social plans _____
- o. answering mail _____

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